

Name:		Tapis:		
Coaching Methodology				
☐ Technical Progressive	☐ Tactical Pr	gressive		
☐ Functional Training	☐ Phase Pla	□ Shadow Play		
Warm Up Exercise		Organization/Instructions		
Main Theme Exercise	1	Main Theme Exerc	ise 2	
		Organization Exercise 1		
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		Organization Exercise 2		
		Coaching Points		
Include Visual Cues				

Coaching Outline 45



Organization	Main Theme Exercise 3	Coaching Points			
Diagram Team Shape Provide Field Dimensions					

46 Coaching Outline